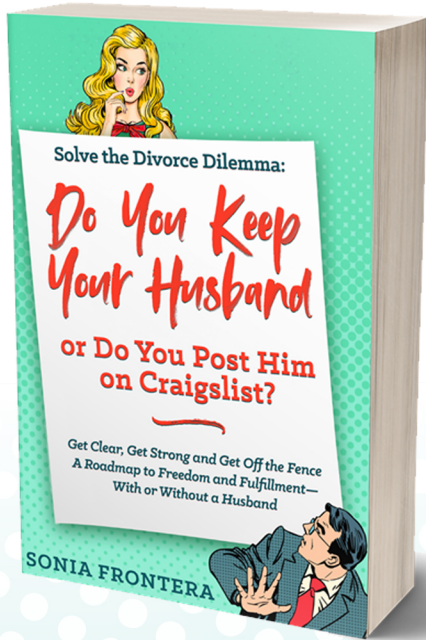


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By Sonia Frontera

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Growing up, Sonia always wanted to have a sister. She discovered, later in life, that the best way to have a sister is to be one. Through her book series The Sister's Guides to Empowered Living, Sonia vows to inspire and empower women around the world to live full and satisfying lives.

Sonia draws from her education and vast personal and professional experience as a wife, attorney and empowerment trainer, to bring women a message of hope, possibility and joy. Sonia is a collaborative law attorney with a private practice in New Jersey.

