



SONIA FRONTERA

Empower Your Audience to a Life of Freedom and Fulfillment!



Rave Reviews:

Sonia is a highly effective speaker; enthusiastic, entertaining and informative... Can't wait to have her speak again!

Craig Hyldahl, CFP® CDFA™ R.I.C.H. Planning Group, LLC

Sonia provides workshops that help others look inside themselves to identify what they really want to be doing with their lives, and the tools to help them get there. You will be amazed by how much she can help attendees accomplish in just one workshop.

Anju D. Jessani, MBA, APM® Divorce with Dignity Mediation Services



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Speaking Topics

Do Not Be a Victim of Divorce Regret!

Resurrect your marriage or divorce with dignity.

Unleash Your Power

Through self-awareness, self-expression and self-care. A roadmap to freedom and fulfillment.

Languages: English & Spanish

Featured in:

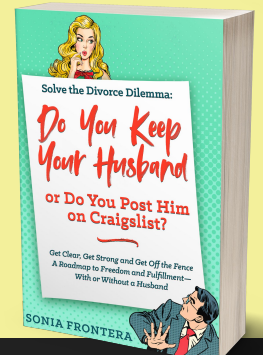


Meet Sonia

Sonia is an engaging speaker who uplifts and inspires audiences with a roadmap to personal empowerment that is attainable by all. Sonia draws from her personal and professional experience as an attorney, empowerment trainer and author, and integrates it with the lessons of the world's greatest transformational teachers. She is a Canfield Certified Trainer in the Success Principles.

Sonia's message is packed with wisdom, spirituality and common sense and delivered with humor, compassion and warmth. Her debut title "Solve the Divorce Dilemma: Do You Keep Your Husband or Do You Post Him on Craigslist?" was a #1 bestseller.

Her second book in the Series "The Sister's Guides to Empowered Living" will be released in 2019.



Own Your Power to Create a Life You Love!